



The 2009 Dental Hygiene Forum

“NEW AGE PATIENT CARE: NATURAL PRODUCTS AND ORAL HEALTH”

Sunday, April 19, 2009

Eagle's Nest Clubhouse, Cypress

Speaker: Michelle Hurlbutt, R.D.H., B.S.

Patient care in the 21st century has never been more exciting or challenging. There is a renewed interest in natural products to treat illness and to maintain wellness. Dietary supplements are the fastest growing category of the self-medication market and national sales are approaching \$18 billion a year. With more than 30,000 supplements available on the market and 1,000 new ones added each year, it is imperative that health care professionals become more informed about herbal and dietary supplements that may have significant pharmacological effects on our patients. From an evidence-based perspective, this course will review the top selling dietary supplements and their implications in clinical practice including product description, popular uses, active ingredients, dosage, herb-drug interactions, safety, contraindications and clinical considerations. In addition, natural products available for oral health will be reviewed and discussed.



About the Speaker:

Michelle Hurlbutt claims she has had the best of all worlds of dental hygiene. A graduate of the University of Nebraska, with a BS in Dental Hygiene, Michelle's career has included private practice, public health, corporate, continuing education, consulting and dental hygiene education. Currently she works two days a week in a high-tech aesthetic dental practice in Upland, CA. Michelle is an Assistant Professor at Loma Linda University, teaching nutrition, pharmacology, senior clinic and core faculty with the online BSDH degree completion program where she teaches research courses and cariology. A 2003 recipient of the John O. Butler Company and RDH Magazine, *Healthy Gums Healthy Life Award of Distinction* and the 2006 *Discus Dental/ADHA Award of Distinction*, Michelle has been an active member of ADHA all of her career. She is a past president of the California Dental Hygienists' Association (CDHA) and the Nebraska Dental Hygienists' Association. Currently she serves as the editor of the *CDHA Journal*. Always up for a new challenge, Michelle is in the final leg of receiving a Masters in Dental Hygiene through the University of Missouri, Kansas City online program.

Tuition: \$50 per session - 3 CE units per session

Session 2: Sunday, May 31, 2009 (Diamond Bar Center)

Substance & Drug Abuse:

What Dental Professionals need to know

Speaker: Catherine Shreenan, MS, LMFT

Licensed Marriage & Family Therapist, Newport Beach

Session 3: Sunday, June 28, 2009 (Cypress – Eagle's Nest Clubhouse)

Cutting Edge Surgical Options in Contemporary Periodontics

Speaker: Paulo Camargo, DDS, MS, MBA

Periodontist, Professor, UCLA School of Dentistry

Session 4: Sunday, July 19, 2009 (Diamond Bar Center)

All you Ever Wanted to know about Dental Implants

Speaker: Jin Y. Kim, DDS, MPH, MS

Periodontist, Lecturer, UCLA School of Dentistry

The Dental Hygiene Forum, started in 2008 is a CE program designed for RDHs, dentists and dental assistants. It is held on **Sunday mornings**, with **a breakfast**, and **a lecture**. The topics will be of interest to the whole office team members !!

Registration & Breakfast at 7:30am

Each Lecture starts at 8:00am

Back with your family before noon

**Register for all 4
for tuition of 3!!**

The Venues: (held at two different venues)

April & June - Eagle's Nest Clubhouse: 660 Oranewood Avenue Cypress, CA 90630 (714) 889-1453

May & July - Diamond Bar Center: 1600 S. Grand Avenue, Diamond Bar, CA 91765 (909) 839-7070

Limited space!!! Please call Deanna at 714-898-8757 to register now...

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